

Breaking Celebrity First!

Star



STAR COVER STORY

Not An Inch To Pinch!



On Aug. 5, Jessica promoted her first film, *The Dukes of Hazzard*, by shaking her deflated money maker during a live performance on *Good Morning America*.

Also on Aug. 5, Jessica stopped by CBS's *The Early Show* and taped a performance of the same song, "These Boots Are Made for Walkin'". Captured in profile, this page, her rear is visibly less curvaceous.



8/5/05

NOW
flat!

Why Jess HAS GO

In 2004, Jessica's butt looked full and rounded, thanks to exercise, diet...and who knows what else

In *The Dukes of Hazzard* film, Jessica Simpson fills out her Daisy Dukes to lush perfection. Hoping to highlight her natural curves while losing some flab, the *Newlyweds* star put long hours of effort into sculpting her body. But the movie was shot last winter. By August, though she remained slim, Jess' rear end had gone from round and rockin' to pancake-flat. Where did her butt go? *Star* examines the possibilities.

HOW SHE GOT HER BODACIOUS BUTT: THE OFFICIAL STORY

The official line is that Jessica, 25 — who up until her *Dukes* days always had a flat butt (see sidebar on page 56) — hired personal trainer Mike Alexander, 27, a friend from her high-school days in Richardson, Texas, to work with her at the Beverly Hills' Sports Club in L.A. — and that accounts for the stunning change in her derriere's shape. But then, according to Jessica's people, she

No Padding Here



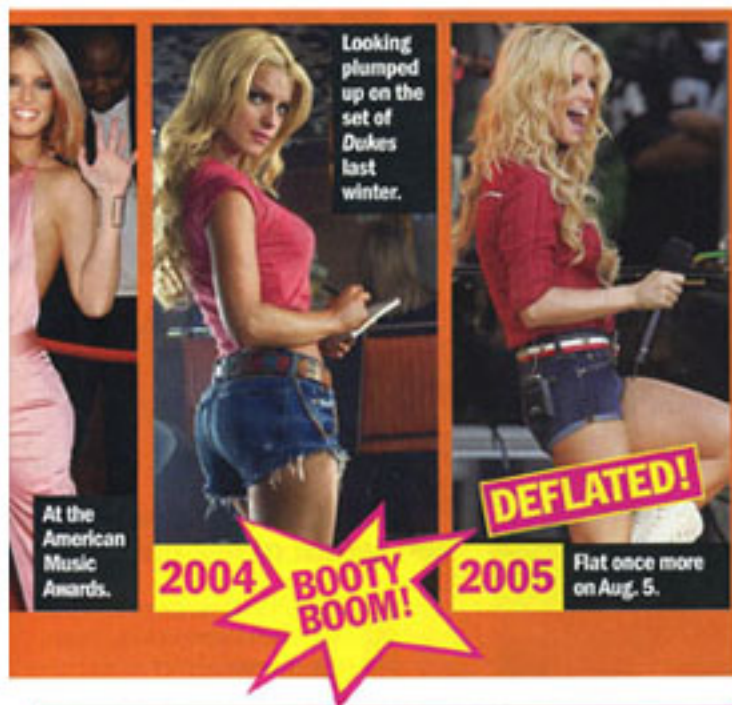
In the '70s and '80s Catherine Bach ably filled the role of Daisy Duke.

2004

THEN
curvy!

Last year Jessica's *Dukes* rump was plump and curvy. But now, post-filming, it's fallen flat again. *Star* gets to the bottom of this mystery!

ica's Butt NE FLAT!



Looking plumped up on the set of *Dukes* last winter.

At the American Music Awards.

2004

BOOTY BOOM!

2005

Flat once more on Aug. 5.

DEFLATED!

Or Did She Pad Her Panties?

Want to look like Jessica? Spandex shorts with pads on the back are the best option for plumping up your rear, according to celebrity stylist Danna Weiss. Worn seamlessly under shorts, skirts and pants, the shorts "can pump up your butt a little more," says Weiss. The amazing effect of Rago Shapewear's cosmetic body shaping panties, right, is shown in pants, below.



Before



After



Thanks, Howard! After Howard Stern gave him a lie-detector test, the truth is out about Johnny's love life.

Did Johnny Sleep With Jess? His Lie-Detector Test

ON Wednesday, Aug. 3, Johnny Knoxville showed up on the *The Howard Stern Show* to promote *The Dukes of Hazzard*, and the King of All Media had a little surprise for him. After asking the married Jackass star, 34, about rumors of an on-set romance with Jessica, 25, Howard challenged Johnny to take a lie-detector test. "Did you have sex with Jessica Simpson?" veteran polygraph examiner Ed Torian asked. Johnny said no — and the machine indicated he was being truthful! But when asked, "Did you tongue-kiss Jessica Simpson?" Johnny answered, "No," and the results were a bit more fuzzy, meaning Johnny may have lied. Finally Torian asked, "Have you ever pleased yourself thinking of Jessica Simpson?" Knoxville again denied it, but Torian says the machine showed he was lying! So what's the real truth? "My wife knows I'm a flirt," said Johnny of wife Melanie's reaction to the rumored romance. "But I know she has a frying pan."

built up her round *Hazzard* rear through hard work: training almost six days a week, including an hour of weight work. Trey Wilnot, a trainer at NYC's Phoenix Fitness club, buys that explanation: "She was probably focusing on exercising the lower part of her body."

It certainly seems that way. During the three months while Simpson was in Baton Rouge, La., shooting *Dukes*, Alexander lived with Simpson — taking her through a rigorous workout regimen of lunges and squats while holding 7.5-lb. weights. At the time, he said, "Jessica wanted more of a bump for her rear end instead of a flat butt."

But working out wasn't the only thing contributing to Jess' new look. To help her build muscle, Alexander encouraged Simpson to eat protein: grilled chicken, seared fish, broccoli and asparagus. He also made sure she avoided bread, desserts and extra sugar. To keep her on the program, Alexander ate every meal with her, so, he says, "I could tell her what to order." So why did Jess' curvy butt disappear?

THEORY #1: SHE STOPPED WORKING IT

Jessica likely gave up her rigorous daily workouts after she stopped shooting and had to hit the road to promote the movie. And, amazingly, she may have dieted off her derriere! "Jessica might have



FLAT!
2000 At a Teen People party.



FLAT!
2001 Touting her album, *Irresistible*.



FLAT!
2002 Shopping in Beverly Hills.



FLAT!
2003 At the American Music Awards.

Jessica's Tush Timeline

Did She Train It Up...



Trainer Mike Alexander, 27, reportedly worked Jessica almost six days a week and monitored what she ate.

cut down on excess carbs, cheeses and dairy products," says Wilnot. "The stuff that goes straight to your butt." According to experts, Jess may have dieted to stay slim and in

the process, lost her behind. "People have such different shapes, and they lose weight in different places," Dr. Stacy Title, a NYC weight-loss expert tells *Star*. "Yes, she can lose weight, and all of a sudden lose her butt as part of her dieting."

VERDICT: LIKELY

THEORY #2: THE DOCTOR DID IT

Dr. Geoffrey Tobias, a Manhattan plastic surgeon, has his own ideas about what happened.

"Looking at these pictures [from 2004]," he tells *Star*, "it looks like the changes may not be 100-percent natural. Jessica could have had implants put in and then removed," Dr. Tobias says, "but it's highly unlikely. It's a serious procedure." The

surgery, which takes two to three hours, involves making a small incision in the lower buttock and inserting what looks like a saline implant. It usually takes about a month to recover fully. As Dr. Tobias says, "You don't just put something like that in and take it out a few months later."

VERDICT: UNLIKELY

THEORY #3: IT WAS PADDING

Celebrity stylist Danna Weiss offers yet a third opinion, telling *Star*, "If you want to pad your

butt for a movie, there are spandex shorts [also known as butt shorts] that have pads on the butt." Not only are the shorts seamless, but they'll even fit under Daisy Dukes!

VERDICT: HIGHLY LIKELY
—SUZANNE ROZDEBA ★

Get Implants...



Getting butt implants (similar to saline breast implants) can cost almost \$4,000. According to NYC-based plastic surgeon Dr. Geoffrey Tobias, it's a pretty rare procedure — most people might want smaller butts!