

FROM THE
PUBLISHERS OF
VOGUE AND
GLAMOUR

Modern Bride

Bridal Buzz



best wedding movies

- **Monsoon Wedding** (2001) with Naseeruddin Shah and Lillete Dubey (tying the knot, Indian style)
- **Meet the Parents** (2000) with Robert De Niro, Ben Stiller and Teri Polo (hilarious family comedy of errors)
- **Mickey Blue Eyes** (1999) with Hugh Grant, James Caan and Jeanne Tripplehorn (goofy gangster spoof)
- **Ever After** (1995) with Drew Barrymore, Anjelica Huston and Dougray Scott (updated fairy tale)
- **Muriel's Wedding** (1994) with Toni Collette and Rachel Griffiths (offbeat Aussie tale of love)
- **Betsy's Wedding** (1990) with Molly Ringwald, Alan Alda and Madeline Kahn (totally '80s!)
- **True Love** (1989) with Annaabella Sciorra and Ron Eldard (quirky indie romance)
- **Steel Magnolias** (1989) with Julia Roberts and Sally Field (southern slice of wedding cake)
- **A Catered Affair** (1987) with Bette Davis, Ernest Borgnine and Debbie Reynolds (beware Momzilla!)
- **Father of the Bride** (1950) with Spencer Tracy and Elizabeth Taylor (classic dad-daughter doings)

—Nancy K. Piske and
Beverly West, authors of
Cinemotherapy for Lovers



Best Videos for Bridal Buffness

- **The QuickFix Series**, by Peter Pan, Inc. Target a single body part (abs, arms, legs or butt) with simple ten-minute segments that include warm-ups and cool-down stretches.
- **Crunch Boot Camp Training** with Sue Hitzenbacher, by Anchor Bay. This solid routine takes only 30 minutes.
- **The Firm Workout series**, by The Firm. These complete programs include cardio instruction to help you burn fat and calories and strengthen your muscles.

—Bonnie Mariani,
fitnobetieddownline.com

BEST BEAUTY ESSENTIALS

- **Lip gloss** (to reapply for color and shine)
- **Concealer** (to hide any blemishes or under-eye circles)
- **Fragrance** (to freshen up your scent)
- **Blotting papers** (to remove excess oil and eliminate shine)
- **Baby wipes** (to repair makeup or remove stains from clothing)
- **Travel-sized hair spray or antifrizz spray** (to reapply as needed)
- **Bobby pins, clips or elastics** (to help a sagging updo)
- **Powder** (to ensure a matte finish)
- **Floss** (in case food gets caught in teeth!)
- **Nail polish** (to fix chips, doubles as solution for pantyhose runs!)

—Donna Weiss, celebrity stylist (her clients include Jamie-Lynn Sigler and Molly Sims)

