

Life & Style WEEKLY



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BODY BOOST

To prepare for *Tomb Raider*, the star kickboxed and went rock climbing, but nowadays it's all about the kids. "She hoists Maddox up like he's a feather, when in fact he's pretty solid. Then she just fits Zahara into the crook of her arm," says an insider.

Style tip!

When posing for a picture, avoid "sausage arms" by standing with hands on hips, not pressed against the body, says stylist Danna Weiss.

Turn the page for more amazing arms ▶